Have Your Teammates Share
“...A Few of My Favorite Things.”

If you want to make your team feel appreciated and surprise them with an occasional unexpected treat, the most important thing you can do is ask them to share a few of their favorite things.

You have likely heard of and even lived by the “Golden Rule.”

But it is the Platinum Rule that truly shows you know and care about your team.

Gary Smalley has a great book out that all teams should invest in - *The Five Love Languages*.

In the book, he explains that what we define as “caring behavior” is often different from what others do – and if we give what we prefer to get, we may not always match the way that others would prefer to get / feel appreciated.

So, it helps to ASK what your team might prefer… and in asking, you begin to open up doors of communication that provide interesting information and opportunities for further inquiry to learn WHY they prefer those things.

There is usually a fun or revealing story behind our preferences…

Make copies of the questionnaire on the next page, and have each member of your team answer and return it.

You can keep the lists they complete in a common area, or compile them and email them to everyone on your team – but the main thing is to ensure that when you want to reward a teammate or say a small “thank you,” for something they did, you want to give what THEY want, not what you might assume they want.

Find More Team Building and Leadership Resources on Sean’s Website!
A Few of My Favorite Things

NAME ____________________________________________

What is your…

Favorite RESTAURANT?

Favorite CANDY BAR?

Favorite DRINK?

Favorite MOVIE?

Favorite SNACK FOOD?

Favorite MUSIC GROUP?

Favorite AUTHOR?

Favorite HOBBY?

Favorite STORE?

Favorite MAGAZINE?