

THE EGGS AND THE TENNIS BALL

After 4 straight losses, the coach led us in silence into our practice gym. In his right hand he held two eggs, and in his left hand was a tennis ball.

Without saying a word...he threw an egg at the floor... and it shattered.

Again, without saying a word he threw the other egg at the floor... it shattered.

Then he had the tennis ball and threw it at the floor... and it bounced back to him.

As he walked out of the gym he turned and asked **“Which one are we?”**

Adversity provides you 2 choices:

Choice A) to crack like an egg

or

Choice B) to bounce beyond, like a tennis ball - better than ever.



When times get tough, which one will you be?

