

What is YOUR Pacifier?

At almost two years old, my daughter was a pacifier junkie.

She would pop it into her mouth at any time of the day, and it became something she did out of habit, and it soothed and comforted her when she was tired or irritable.

But as she neared her second birthday, it seemed that no amount of pleading or coaxing could persuade her to kick the habit.

One day, we were all going somewhere in the car, and my wife was more frustrated about her insistence to continue using one than usual.

She explained to me that there was a report she had read about how the chemical softener in pacifiers could be carcinogenic. Our daughter interrupted from her car seat in the back to ask what we were talking about.

My wife explained, in simpler terms, that using a pacifier had made other kids sick and that it might be dangerous for her long-term health. Without a word, our daughter took it out of her mouth and put it down.

She quit right then, cold-turkey.

I thought about all the times we had asked her to do it because we wanted her to, and how little an impact OUR desires had at the time. And I realized that she was just like every other person or teammate that I - and you - have ever worked with...

So, how does this story relate to your team?

