IDENTIFYING

INDIVIDUAL VALUES

TEAM ACTIVITY

GREATRESULTS
TEAM BUILDING

IDENTIFYING INDIVIDUAL VALUES

They key to motivating your team is understanding your team.

This activity will provide you the useful information to connect with each individual team member – because when you know which buttons are important, you are more successful knowing which buttons to push!

Time Needed: 30-40 minutes

Activity Instructions:

1 - <u>Make enough copies</u> of the "prioritizing my values" and the "personal values report" handouts (on the next two pages) for all teammates

2 - <u>Explain to your group</u> that we are all motivated by what we think is important, but that everyone brings a different set of values and priorities

3 - Ask each participant to look over the list of 39 values that drive most people's behavior, and then to <u>circle their personal TOP SIX values</u>

4 - Next, have each person <u>rank those chosen values from #1 to #6</u>

5 – Finally, have them fill out their "my personal values" page to turn in

6 – An additional powerful exercise is to have them share with the team, verbally, <u>WHY they chose their TOP 2-3 values as being so important</u>
(you'll get personal stories about how past events shaped their priorities)

PRIORITIZING MY VALUES

appreciation	excellence	moderation
achievement	fairness	orderliness
cleanliness	flexibility	patience
commitment	forgiveness	persistence
compassion	friendliness	purpose
confidence	generosity	reliability
cooperation	honesty	respect
courage	humility	responsibility
courtesy	improvement	self-discipline
creativity	integrity	service
determination	joyfulness	tolerance
efficiency	kindness	trust
enthusiasm	loyalty	unity

PERSONAL VALUES REPORT for _____

My # 1 Personal Value is _____, because:

My # 2 Personal Value is _____, because:

My # 3 Personal Value is _____, because:

My # 4 Personal Value is _____, because:

Does Your Teamwork need a Tune-up?

Contact Sean to learn how he can improve your team with...

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Sean Glaze is an entertaining speaker, author, and team building facilitator who helps people have more fun laughing together so they can have more success working together.

As the founder of Great Results Teambuilding, Sean has been inspiring rapid teamwork and developing team leaders for over 20 years.

He delivers interactive events and conference keynotes for clients interested in increasing their competitive advantage by building more engaged and connected teams.

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