

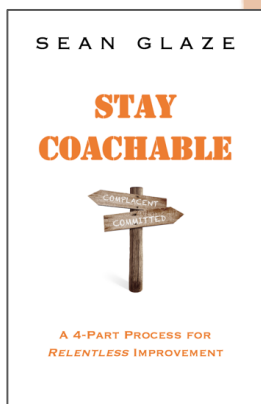
# STAY COACHABLE

*A 4-Step Process for Relentless Improvement  
... to Get Unstuck and Keep Moving Forward*

**THIS IS AN IDEAL PRESENTATION FOR:**

- Sales professionals
- Office personnel
- Teachers
- Administrators
- Athletes and Coaches
- Frontline employees
- Healthcare workers
- Managers and executives

**ADD A COPY OF SEAN'S BOOK AS A TAKE-AWAY!**



Sean offers copies of his books to event planners at only \$10 each, and is happy to stay afterwards and sign them for your audience members if you provide a table.

**INTERACTION LEVEL CAN BE TAILORED TO YOUR SITUATION!**

80% CONTENT / 20% ACTIVITIES ?

60% CONTENT / 40% ACTIVITIES ?

40% CONTENT / 60% ACTIVITIES ?

20% CONTENT / 80% ACTIVITIES ?



# STAY COACHABLE

## *A 4-Step Process for Relentless Improvement ... to Get Unstuck and Keep Moving Forward*

The problem today is that success can make people complacent. Sometimes people get comfortable and become campers instead of climbers.

Tired of being stuck on your present plateau?

Ready to supercharge your personal performance? The best way to grow your team is to grow yourself – and those around you. This talk provides an entertaining and effective four-part process you and your people will be able to apply and use to climb beyond your current level of performance.

To become someone whose achievements become impressive to others, you have to be coachable. The difference between success and failure is usually determined by one thing - **how coachable are you?**

From identifying where you are, to clarifying your next goal, to overcoming your own ego and adopting habits, this message is a fun and effective catalyst for improvement!

### **For Your People to Stay Successful... They Need to Stay Coachable!**

With captivating stories, powerful content, and high-energy interaction, Sean delivers a program that inspires your people to **acknowledge where they are, clarify where they want to be, and then take action steps to move in that direction with relentless action.**

Your audience will discover how to stop treading water by giving themselves a clear and compelling destination, how to identify and overcome arrogance, and to discipline themselves so that they move beyond mediocrity!



# STAY COACHABLE

*A 4-Step Process for Relentless Improvement  
... to Get Unstuck and Keep Moving Forward*

## PROGRAM OUTLINE

### I. COACHABLE PEOPLE ARE HONEST

- a. Know your numbers and know your reality
- b. Leaders have hungry eyes and ears – see and hear what isn't there
- c. You can't improve it if you don't admit it
- d. What mirror are you using?

### II. COACHABLE PEOPLE ARE HUNGRY

- a. You can teach an old dog new tricks – just have to have the right treats!
- b. Have hungry eyes and thirsty and ears...
- c. Do you know who are you trying to impress?
- d. What are your Fritos?

### III. COACHABLE PEOPLE ARE HUMBLE

- a. Not thinking less of yourself, its thinking of yourself less
- b. Greatest obstacle to getting better is thinking you are good
- c. Successful people want to be educated, not just validated

### IV. COACHABLE PEOPLE FOCUS ON HABITS

- a. Initiative is key – not knowledge!
- b. Toughness is a skill developed in storms, not sunshine
- c. Hebrews 12:11 – “No discipline seems pleasant at the time...”
- d. You have to be bad long enough to get better



# STAY COACHABLE

*A 4-Step Process for Relentless Improvement  
... to Get Unstuck and Keep Moving Forward*

## “GLAZISMS”



**“FRUSTRATION IS A GIFT!”**

Failure is feedback and a chance to learn

**“GOOD IS THE ENEMY OF BETTER”**

Be bad long enough to get better

**“MINOR IMPROVEMENT HAS MAJOR IMPACT”**

You don't want or need to change everything

**“KNOW YOUR NUMBERS”**

Metrics don't lie

**“EGO = ELIMINATING GROWTH OPPORTUNITIES”**

Humility opens the door to instruction

*To purchase books or to hire Sean for your next corporate meeting or retreat, visit [www.GreatResultsTeambuilding.com](http://www.GreatResultsTeambuilding.com)*

*Email him at [Sean@GreatResultsTeambuilding.com](mailto:Sean@GreatResultsTeambuilding.com) or call to discuss your event 770-861-6840.*

